

GUIDELINES, STANDARDISATION, CLASSIFICATION

Useful links

ESSIC GUIDELINE ON DIAGNOSIS OF IC/BPS

Malde S, Akiyama Y, Janssen D, Lai H, Meijlink J, Nasta L, Samarinas M, Moldwin R, Riedl C, Wyndaele JJ, Cervigni M. **Optimizing the Diagnosis of Interstitial Cystitis/Bladder Pain Syndrome: An ESSIC Proposal.** Eur Urol Open Sci. 2026 May 27;89:32-45. Open access

[https://www.eu-openscience.europeanurology.com/article/S2666-1683\(26\)00492-1/fulltext](https://www.eu-openscience.europeanurology.com/article/S2666-1683(26)00492-1/fulltext)

This latest international guideline from International Society for the Study of Interstitial Cystitis/Bladder Pain Syndrome (ESSIC) provides a practical framework that all clinicians can use in daily practice to optimize the diagnosis of IC/BPS.

INCONTINENCE 7TH EDITION (2023). ICI-ICS.

Cardozo, L, Rovner, E, Wagg, A, Wein, A, Abrams, P. (Eds) International Continence Society, Bristol UK, ISBN: 978-0-9569607-4-0.

Chapter 18. Interstitial Cystitis / Bladder Pain Syndrome, Committee: Chair - Hanno, Philip, Cervigni M, Choo MS, Clemens JQ, Gold D, Lee MH, Malde S, Meijlink J, Samarinas M, Ueda T.

<https://www.ics.org/education/icspublications/icibooks>

Summary:

Philip Hanno, Mauro Cervigni, Myung Soo Choo, J. Quentin Clemens, Ming-Huei Lee, Sachin Malde, Jane Meijlink, Michael Samarinas, Tomohiro Ueda, Daniela Gold. [Summary of the 2023 report of the international consultation on incontinence interstitial cystitis/bladder pain syndrome \(IC/BPS\) committee.](#) Continence, Volume 8, 2023, 101056, ISSN 2772-9737,

<https://doi.org/10.1016/j.cont.2023.101056>.

ICD-11

International Classification of Diseases 11th Revision

<https://icd.who.int/en>

GC00.3 Interstitial cystitis

and

MG30.00 Chronic primary visceral pain

DIAGNOSIS AND TREATMENT INTERSTITIAL CYSTITIS/BLADDER PAIN SYNDROME (2022)

Published 2011; Amended 2014; Amended 2022

Clemens JQ, Erickson DR, Varela NP et al: *Diagnosis and treatment of interstitial cystitis/bladder pain syndrome.* J Urol 2022; <https://doi.org/10.1097/JU.0000000000002756>.

The full guideline (pdf) and algorithm can be downloaded.

EUROPEAN ASSOCIATION OF UROLOGY (EAU): CHRONIC PELVIC PAIN GUIDELINE 2023

Both full guideline and pocket version can be downloaded.

CHRONIC PAIN (PRIMARY AND SECONDARY) IN OVER 16S: ASSESSMENT OF ALL CHRONIC PAIN AND MANAGEMENT OF CHRONIC PRIMARY PAIN.

NICE guideline [NG193]Published: 07 April 2021. For pdf, [click here](#).

GUIDELINE OF GUIDELINES: BLADDER PAIN SYNDROME.

Malde S, Palmisani S, Al-Kaisy A, Sahai A. *Guideline of guidelines: bladder pain syndrome.* BJU Int. 2018 Nov;122(5):729-743. doi: 10.1111/bju.14399. Epub 2018 Jun 13. PMID: 29777618.

GERMAN GUIDELINE

German Guideline "**Diagnosis and Treatment of Interstitial Cystitis (IC/BPS)**", first published September 2018, initiated and written by the "Deutsche Gesellschaft für Urologie" (German Society of Urology), is available online in an English version. To access this guideline, please click above on title or link below.

https://register.awmf.org/assets/guidelines/043_D_Ges_fuer_Urologie/043-050e_S2k_Diagnosis_Treatment_Interstitial_Cystitis_2019-03.pdf

INTERNATIONAL CONTINENCE SOCIETY: A STANDARD FOR TERMINOLOGY IN CHRONIC PELVIC PAIN SYNDROMES: A REPORT FROM THE CHRONIC PELVIC PAIN WORKING GROUP OF THE INTERNATIONAL CONTINENCE SOCIETY.

Doggweiler R, Whitmore KE, Meijlink JM, Drake MJ, Frawley H, Nordling J, Hanno P, Fraser MO, Homma Y, Garrido G, Gomes MJ, Elneil S, van de Merwe JP, Lin AT, Tomoe H. Neurourol Urodyn. 2017 Apr;36(4):984-1008. doi: 10.1002/nau.23072. Epub 2016 Aug 26. 2016

For pdf, [click here](#).

INTERNATIONAL CONTINENCE SOCIETY ICS STANDARDS 2023.

Available online: <https://www.ics.org/Publications/ICS%20Standards%202023.pdf>.

DIAGNOSIS AND TREATMENT OF INTERSTITIAL CYSTITIS/ BLADDER PAIN SYNDROME.

Cox A., Golda N., Nadeau G. CUA Guideline:. Can. Urol. Assoc. J. 2016;10:E136–E155. Doi: 10.5489/cuaj.3786. - DOI - PMC – PubMed <https://pubmed.ncbi.nlm.nih.gov/27790294/>
Open Access

DIAGNOSTIC CRITERIA, CLASSIFICATION, AND NOMENCLATURE FOR PAINFUL BLADDER SYNDROME/INTERSTITIAL CYSTITIS: AN ESSIC PROPOSAL.

Merwe J.P., Nordling J., Bouchelouche P., Bouchelouche K., Cervigni M., Daha L.K., Elneil S., Fall M., Hohlbrugger G., Irwin P., et al. Eur. Urol. 2008;53:60–67. doi: 10.1016/j.eururo.2007.09.019. - DOI - PubMed

GIBS CLINICAL GUIDELINES FOR IC/BPS. (INDIA)

Available online: <https://gibsociety.com/wp-content/uploads/2017/11/GIBS-Guidelines.pdf>.

CLINICAL GUIDELINES FOR INTERSTITIAL CYSTITIS/BLADDER PAIN SYNDROME.

Homma Y, Akiyama Y, Tomoe H, Furuta A, Ueda T, Maeda D, Lin AT, Kuo HC, Lee MH, Oh SJ, Kim JC, Lee KS. Int J Urol. 2020 Jul;27(7):578-589. doi: 10.1111/iju.14234. Epub 2020 Apr 14. PMID: 32291805.

GUIDELINE ON MANAGEMENT OF BLADDER PAIN SYNDROME.

Tirlapur SA, Birch JV, Carberry CL, Khan KS, Latthe PM, Jha S, Ward KL, Irving A on behalf of the Royal College of Obstetricians and Gynaecologists. BJOG. 2017 Jan;124(2):e46-e72. doi: 10.1111/1471-0528.14310. Epub 2016 Dec 9. PMID: 27933722. RCOG Green-top Guideline No. 70. Open Access

DIAGNOSTIC CRITERIA FOR PUDENDAL NEURALGIA BY PUDENDAL NERVE ENTRAPMENT (NANTES CRITERIA).

Labat JJ, Riant T, Robert R, Amarenco G, Lefaucheur JP, Rigaud J. Neurourol Urodyn. 2008;27(4):306-10.