

**PAINFUL BLADDER SYNDROME  
INTERSTITIAL CYSTITIS**

This card is issued by the IPBF  
International Painful Bladder Foundation  
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The holder of this card has a  
medical condition and needs  
to use toilet facilities  
**URGENTLY**

PBS/IC (painful bladder syndrome/  
interstitial cystitis) is a bladder  
disorder with urinary frequency,  
urgency and pain

[www.painful-bladder.org](http://www.painful-bladder.org)

[info@painful-bladder.org](mailto:info@painful-bladder.org)

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