

# O'Leary/Sant VOIDING AND PAIN INDICES

## INTERSTITIAL CYSTITIS SYMPTOM INDEX

### 1.

During the past month, how often have you felt the strong need to urinate with little or no warning?

- 0. \_\_\_\_\_ not at all
- 1. \_\_\_\_\_ less than 1 time in 5
- 2. \_\_\_\_\_ less than half the time
- 3. \_\_\_\_\_ about half the time
- 4. \_\_\_\_\_ more than half the time
- 5. \_\_\_\_\_ almost always

### 2.

During the past month, have you had to urinate less than 2 hours after you finished urinating?

- 0. \_\_\_\_\_ not at all
- 1. \_\_\_\_\_ less than 1 time in 5
- 2. \_\_\_\_\_ less than half the time
- 3. \_\_\_\_\_ about half the time
- 4. \_\_\_\_\_ more than half the time
- 5. \_\_\_\_\_ almost always

### 3.

During the past month, how often did you most typically get up at night to urinate?

- 0. \_\_\_\_\_ never
- 1. \_\_\_\_\_ once
- 2. \_\_\_\_\_ 2 times
- 3. \_\_\_\_\_ 3 times
- 4. \_\_\_\_\_ 4 times
- 5. \_\_\_\_\_ 5 times
- 6. \_\_\_\_\_ 5 or more times

### 4.

During the past month, have you experienced pain or burning in your bladder?

- 0. \_\_\_\_\_ not at all
- 1. \_\_\_\_\_ once
- 2. \_\_\_\_\_ a few times
- 3. \_\_\_\_\_ fairly often
- 4. \_\_\_\_\_ almost always
- 5. \_\_\_\_\_ usually

Add the numerical values of the checked entries;

**Total score** \_\_\_\_\_.

## INTERSTITIAL CYSTITIS PROBLEM INDEX

During the past month, how much has each of the following been a problem for you?

### 1. Frequent urination during the day?

- 0. \_\_\_\_\_ no problem
- 1. \_\_\_\_\_ very small problem
- 2. \_\_\_\_\_ small problem
- 3. \_\_\_\_\_ medium problem
- 4. \_\_\_\_\_ big problem

### 2. Getting up at night to urinate?

- 0. \_\_\_\_\_ no problem
- 1. \_\_\_\_\_ very small problem
- 2. \_\_\_\_\_ small problem
- 3. \_\_\_\_\_ medium problem
- 4. \_\_\_\_\_ big problem

### 3. Need to urinate with little warning?

- 0. \_\_\_\_\_ no problem
- 1. \_\_\_\_\_ very small problem
- 2. \_\_\_\_\_ small problem
- 3. \_\_\_\_\_ medium problem
- 4. \_\_\_\_\_ big problem

### 4. Burning, pain, discomfort, or pressure in your bladder?

- 0. \_\_\_\_\_ no problem
- 1. \_\_\_\_\_ very small problem
- 2. \_\_\_\_\_ small problem
- 3. \_\_\_\_\_ medium problem
- 4. \_\_\_\_\_ big problem

Add the numerical values of the checked entries:

**Total score** \_\_\_\_\_.